

Our gorgeous countryside is inviting you to see it at its best. All around are a network of footpaths, bridleways and lanes to explore. To enable our readers to experience the very best of our countryside, The Saltash and District Observer's own publication "A Quality of Life" is still available and crammed full of local walks, strolls and other leisure ideas. Visitors can particularly benefit, discovering so many of our local delights within its pages.

I can deliver locally free of charge, or you can purchase one from The Bookshelf in Saltash. (see below)

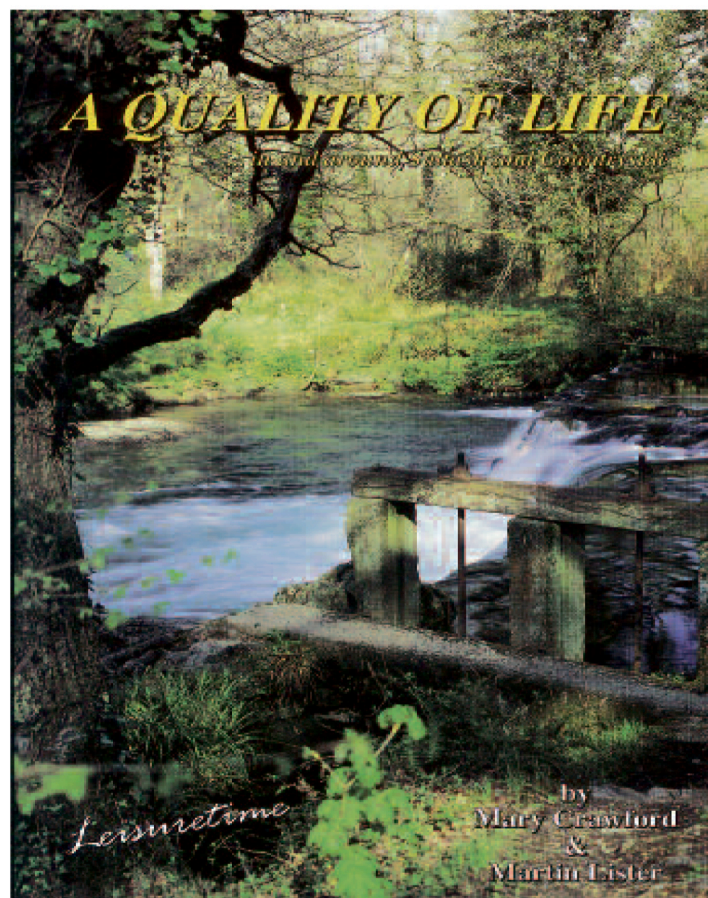
A Quality of Life £4.99

A Local book of Walks & Strolls.

Telephone for details of postal delivery

To obtain a copy contact Mary Crawford on.....

Tel: 01579 345699 or 07971 484872 Email: marye.crawford@virgin.net



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